

Eskom: Human Resource Graduate Internships 2026 Apply Now

Description

Eskom is seeking motivated and passionate individuals to join our Human Resource Graduate Internship program. This program is designed to provide recent graduates with practical, hands-on experience in the field of Human Resources within the energy sector. As an intern, you will have the opportunity to work closely with seasoned HR professionals, gaining valuable insights into the intricacies of HR practices in a large, dynamic organization.

Responsibilities

- Assist in the implementation of HR policies and procedures.
- Participate in recruitment processes, from candidate sourcing to onboarding.
- Support HR professionals in employee relations, performance management, and disciplinary processes.
- Contribute to the development and delivery of HR training programs.
- Assist in maintaining accurate HR records and databases.
- Collaborate with HR team members on various projects and initiatives.

Qualifications

- Bachelor's degree in Human Resources, Industrial Psychology, Business Administration, or related field.
- Recent graduate within the last 12-24 months.
- Strong interpersonal and communication skills.
- Proactive attitude and a willingness to learn.
- Ability to work collaboratively in a team environment.

Job Benefits

- Gain hands-on experience in a leading energy company.
- Exposure to various facets of HR, including recruitment, employee relations, and training.
- Mentorship and guidance from experienced HR professionals.
- Networking opportunities within the energy sector.

Contacts

1. Prepare Your Application Materials:

- Update your resume to reflect your educational background, relevant skills, and any work or volunteer experience.
- Write a compelling cover letter expressing your interest in the Human Resource Graduate Internship at Eskom. Highlight your skills, qualifications, and why you are passionate about pursuing a career in Human Resources.

2. Check Eligibility:

- Ensure that you meet the eligibility criteria, including having a recent

Hiring organization

Eskom

Employment Type

Intern

Duration of employment

3 Months

Industry

Utilities

Job Location

Sandton, Gauteng, South Africa,
2196, Sandton, Gauteng, South Africa

Working Hours

09

Date posted

November 15, 2025

Valid through

16.01.2028

bachelor's degree in Human Resources, Industrial Psychology, Business Administration, or a related field. Confirm that you are a recent graduate within the specified time frame.

3. Application Submission:

- Send your application materials (resume and cover letter) via email to the specified Eskom HR email address. The subject line of your email should read "HR Graduate Internship Application."

4. Deadline:

- Be aware of the application deadline mentioned in the job description. Submit your application before the specified cutoff date.

5. Follow-Up:

- After submitting your application, it's advisable to follow up with Eskom to confirm the receipt of your materials. You can do this by sending a polite email expressing your continued interest and inquiring about the status of your application.

6. Prepare for Potential Interviews:

- If shortlisted, be prepared for potential interviews. Research Eskom, understand the energy sector, and be ready to discuss your qualifications and enthusiasm for the internship.

7. Interview Thank-You Note:

- After interviews, send a thank-you email expressing your gratitude for the opportunity to interview and reiterating your interest in the internship.