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National Health Laboratory Service (NHLS): Internships 2026 Apply Now

Description

As an NHLS Intern, you will have the opportunity to gain practical experience in a wide range of laboratory and administrative functions. This internship program is designed to expose you to the intricacies of the healthcare laboratory environment while providing hands-on training under the guidance of seasoned professionals.

Responsibilities

- **Laboratory Techniques:** Learn and apply various laboratory techniques, including specimen processing, analysis, and interpretation of results.
- **Quality Assurance:** Assist in maintaining laboratory quality standards and participate in quality control procedures.
- **Research and Development:** Contribute to ongoing research projects within the NHLS, collaborating with experienced researchers and scientists.
- **Data Analysis:** Analyze laboratory data and participate in the generation of comprehensive reports.
- **Administrative Support:** Provide support in administrative tasks related to laboratory operations, ensuring smooth workflow.
- **Collaboration:** Collaborate with cross-functional teams within the NHLS to enhance your understanding of the broader healthcare system.
- **Professional Development:** Attend training sessions, workshops, and seminars to continually develop your skills and knowledge in the field.

Qualifications

- Recent graduate with a degree in a relevant field such as Medical Laboratory Sciences, Biomedical Sciences, or a related discipline.
- Strong analytical and problem-solving skills.
- Excellent communication and teamwork abilities.
- Attention to detail and accuracy in work.
- Eagerness to learn and adapt in a fast-paced environment.

Job Benefits

- **Hands-on Experience:** Interns gain practical, hands-on experience in various laboratory and administrative functions, allowing them to apply theoretical knowledge to real-world scenarios.
- **Professional Development:** The program includes training sessions, workshops, and seminars that contribute to the continuous professional development of interns. This exposure helps build a strong foundation for a successful career in the healthcare industry.
- **Mentorship and Guidance:** Interns have the opportunity to work alongside experienced professionals who can provide mentorship, guidance, and insights into the complexities of the healthcare laboratory environment.
- **Networking Opportunities:** Interns get to collaborate with cross-functional teams, researchers, and scientists within the NHLS, expanding their professional network and fostering connections within the healthcare sector.

Hiring organization

National Health Laboratory Service

Employment Type

Intern

Duration of employment

3 Months

Industry

Consumer Services

Job Location

Johannesburg, Gauteng, South Africa, 2000, Johannesburg, Gauteng, South Africa

Working Hours

09

Date posted

November 12, 2025

Valid through

23.01.2028

- **Research Opportunities:** Interns may have the chance to contribute to ongoing research projects, gaining exposure to cutting-edge advancements in medical sciences and public health.
- **Exposure to Quality Assurance:** Participation in maintaining laboratory quality standards and quality control procedures provides interns with a solid understanding of the importance of quality assurance in healthcare settings.
- **Collaborative Work Environment:** The NHLS promotes teamwork and collaboration, creating an environment where interns can work closely with diverse professionals, contributing to a rich learning experience.
- **Resume Enhancement:** Completing an internship at NHLS is a valuable addition to a resume, demonstrating practical experience and a commitment to the advancement of healthcare services.
- **Potential for Future Employment:** Successful completion of the internship may open doors for future employment opportunities within NHLS or in related fields, as interns are equipped with valuable skills and experiences.
- **Contribution to Public Health:** Interns contribute directly to the NHLS mission of providing high-quality diagnostic and public health laboratory services, offering a sense of purpose and fulfillment in their work.

Contacts

1. Prepare Your Application Materials:

- Update your resume to include your educational background, relevant coursework, skills, and any relevant experience.
- Write a compelling cover letter that highlights your interest in the NHLS Internship, your qualifications, and how your skills align with the position.

2. Visit the NHLS Careers Page:

- Go to the NHLS official website or careers page to find information about the internship program and any specific application instructions.

3. Review Application Guidelines:

- Carefully review any guidelines provided by NHLS regarding the application process. Pay attention to specific instructions on required documents and format.

4. Submit Your Application:

- Send your application materials to the designated email address provided in the job description. Use a clear and professional subject line, such as "NHLS Internship Application - [Your Full Name]."

5. Include Necessary Information:

- Make sure your application includes all required information, such as your contact details, educational background, and relevant experience. Attach your resume and cover letter to the email.

6. Application Deadline:

- Be aware of the application deadline and ensure that your materials are submitted before the specified date.

7. Follow-Up:

- If there is no specified timeline for the application review process, consider following up with NHLS after a reasonable period to inquire about the status of your application.

8. Prepare for Interviews:

- If you are shortlisted, be prepared for potential interviews. Research the NHLS, understand their mission, and be ready to discuss your qualifications and interest in the internship.

9. Demonstrate Enthusiasm:

- In your communication, express your enthusiasm for the opportunity and your eagerness to contribute to the NHLS mission.